



Lappe Nordic Ski-at-School 2018

The Lappe Nordic Ski-at-School program has expanded this winter thanks to a grant received through Cross Country Canada. The AltaGas Ski-at-School has allowed Lappe Nordic to purchase over 35 additional sets of skis for their ski-at-school program. This has greatly increased the capacity of the program and this winter 135 students from grades 4 to 8 will participate. The skiers will take part in a four week session that will include games, skill instruction, and an introduction to ski orienteering, biathlon and cross country ski racing. Each ski session is 2 hours long and sessions are held at the Lappe Ski Centre.

We are excited to learn that two of the participating schools are using the Lappe Nordic Ski-at-School program as a part of their Learning Academy program and are making the ski program a multi-year outdoor, skiing experience. By combining the Lappe Nordic Ski-at-School program with their school's participation in Kingfisher Outdoor Education program students at Valley Central School and Five Mile School will be able to offer their students an outdoor ski experience from grade 4 through grade 8. This year there is a class of students returning for their second year in the ski program. Their skiers are improving quickly.

The Ski-at-School coaching staff has increased this year. There are 5 regular coaches and 5 substitute and special coaches in the program. Our experienced coaches come from Lappe Nordic Ski Club, Big Thunder Nordic, Lakehead University and the National Team Development Centre Thunder Bay.