



Lappe Nordic Ski Club Presents

# WOMEN ON SKIS

## Nordic Ski Day 2018



**Sunday, February 18<sup>th</sup> at the Lappe Nordic Ski Centre  
10 am – 3 pm**

A day of outdoor fun and fitness!!  
Improve your ski technique  
Enjoy a healthy homemade lunch  
Have a hot sauna  
Make new friends  
Great draw prizes!

**No previous experience necessary!**

**Registration fee:** \$60 (includes trail pass & lunch)

Ski rentals available at an additional \$15/set (classic or skate)

Register online now at [www.zone4.ca](http://www.zone4.ca) (type "Lappe" in search field)

\*Registration closes February 11<sup>th</sup> or when registration is full\*

*For more information email Susanna at [susanna.puiras@gmail.com](mailto:susanna.puiras@gmail.com)*

**Many thanks to our generous sponsors!**