

Lappe Nordic Run & Ski 2007

Lappe Ski Centre – April 7, 2007

Temperature: -8C

Girls 10 & Under 1.5 km. (500m_1.0K) Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Laura Inkila	01:53.2	1	00:28.6	1	05:42.9	1	08:04.7
2	Tessa Schwar	02:26.2	2	00:59.4	2	10:09.3	2	13:34.9

Boys 10 & Under 1.5 km. (500m_1.0K) Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Edwynn Schwar (Short Course)	00:44.0	1	01:36.6	2	02:27.5	1	04:48.1
2	Brady Harkonen	01:52.8	2	00:30.6	1	05:50.2	2	08:13.6

Girls 13 & Under 2 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Moira Haggarty	04:53.6	1	00:40.1	1	04:17.1	1	09:50.8

Boys 13 & Under 2 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Evan Palmer-Charrette	04:54.6	1	00:40.7	1	04:33.9	1	10:09.2
2	Chris Hecker	04:57.5	2	01:21.3	2	04:50.6	2	11:09.4

Girls 14 & 15 5 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Daphne Haggary	11:02.5	1	00:49.7	2	09:20.6	1	21:12.8
2	Lindsay Inkila	12:14.3	3	00:28.4	1	09:26.9	2	22:09.6
3	Kim Darosa	12:01.0	2	01:27.8	3	12:57.1	3	26:25.9

Boys 14 & 15 5 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Jeff Budner	11:14.0	1	00:49.4	1	09:24.7	1	21:28.1
2	Jonathan Day	14:07.5	2	01:36.8	2	12:18.7	2	28:03.0

Women Open 5 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Britt Bailey	11:45.1	3	00:52.7	2	09:05.4	2	21:43.2
2	Kerrie Fabius	11:31.5	2	01:20.1	6	08:51.9	1	21:43.5
3	Christina Groulx	11:48.2	4	01:05.9	4	09:10.0	3	22:04.1
4	Kelly Henry	11:26.7	1	01:03.7	3	10:21.2	4	22:51.6
5	Lauren Stoot	12:17.9	5	00:49.6	1	10:36.9	6	23:44.4
6	Katherine Hall	12:27.0	6	01:09.5	5	10:23.6	5	24:00.1

Women 35+ 5 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Judy Hall	14:10.5	1	01:28.9	1	11:24.9	2	27:04.3
2	Liz Inkila	15:29.5	2	01:56.5	2	11:05.3	1	28:31.3

Women Team 5 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Anna Crawford Amanda Holdsworth	10:21.8	1	00:10.1	2	08:54.6	1	19:26.5
2	Lynn Crookham Susan Fabius	13:55.3	2	00:08.8	1	10:42.0	2	24:46.1

Men Open 10 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Adam Kates	17:04.2	1	01:26.5	6	15:38.5	1	34:09.2
2	Werner Schwar	17:48.1	2	00:55.1	1	15:46.3	2	34:29.5
3	Michael Somppi	18:07.8	4	00:57.3	2	16:55.3	3	36:00.4
4	Jeremy Hecker	17:59.5	3	01:09.7	4	17:52.8	7	37:02.0
5	Andrew Nixon	20:06.1	5	01:10.8	5	17:04.3	4	38:21.2
6	Todd Inkila	21:30.5	8	01:07.3	3	17:05.1	5	39:42.9
7	Timo Puiras	20:19.8	6	02:22.9	9	17:05.9	6	39:48.6
8	Doug Bolster	20:37.8	7	01:41.7	8	17:55.4	8	40:14.9
9	Sam Niemi	22:34.7	9	01:34.4	7	18:48.1	9	42:57.2

Men 35+ 10 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Paul Inkila	20:15.9	1	01:00.2	1	17:12.3	1	38:28.4
2	Peter Clark	20:36.2	2	03:23.1	3	20:36.3	2	44:35.6
3	Mac Davies	24:32.5	3	01:39.4	2	22:53.0	3	49:04.9

Men Team 10 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Bruce Brown Brian Berry	23:18.4	1	00:06.8	1	17:10.4	1	40:35.6

Mixed Team 10 km. Free Mass Start

PL	Name	Run	Rnk	Transition	Rnk	Ski	Rnk	Total time
1	Timo Puiras Becky Puiras	20:18.8	-1	00:09.3	1	17:39.7	1	38:07.8