

# LSSD CHAMPIONSHIPS, JAN. 23, 2000 Free Technique

JURY	LSSD SCRUTINEER	LORRAINE MEECH
	CHIEF OF COMPETITION	AL MADDOX
	CHIEF OF COURSE	REIJO PUIRAS
	COACH	MARTTI PUUMALA
	LSSD CHAIR	ROSS CHUCHMAN

LAPPE NORDIC CENTRE THUNDER BAY, ONTARIO

OBS. TIME:12:00 P.M.

WIND VEL :10

AIR TEMP:-14 C

WEATHER :LT SNOW

WIND DIR :EAST

SNOW TEMP:-14 c

SNOW COND:NEW SNOW

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RANK	BIB	COMPETITOR NAME /License	TEAM/CLUB	TIME
OPEN WOMEN 5 KM FREE Distance: 5 km				
(1)	12	Tasha Lee Betcherman	LSSD LAPPE	0:18:58.9
(2)	8	Jill Maepea	LSSD LAPPE	0:19:19.1
(3)	9	MEGAN MCTAVISH		0:19:22.7
(4)	15	Kerrie Fabius	LSSD BIG THUNDER	0:19:49.3
(5)	13	KARLA MIKA	LSSD BIG THUNDER	0:20:05.6
(6)	11	Marilyn Radecki	LSSD BIG THUNDER	0:23:45.4
(7)	7	Lana Puumala	LSSD BIG THUNDER	0:23:59.6
(8)	14	Arlene Ahokas	LSSD BIG THUNDER	0:24:18.5
(9)	10	KAREN MESSENGER	LSSD BIG THUNDER	0:24:50.6
JUNIOR BOYS 10KM FREE Distance: 10km				
(1)	59	Sean Crooks	LSSD BIG THUNDER	0:33:09.8
(2)	58	Al Fabius	LSSD BIG THUNDER	0:39:37.1
(3)	60	EVAN SCHWANTZ	LSSD MARATHON	0:45:24.1
JUNIOR WOMEN 5 KM FREE Distance: 5 km				
(1)	20	SHANNON DIKKEMA		0:19:41.6
(2)	23	BROOKE GOSLING		0:19:50.0
(3)	19	TARA REDPATH		0:19:59.2
(4)	16	ERIN LAMOND	NFLD WHALEBACK NORD	0:20:39.8
(5)	18	Laura Trutenko	LSSD LAPPE	0:21:02.8
(6)	22	MICHELLE COSMAN		0:21:59.6
(7)	21	Billea Dyson	LSSD LAPPE	0:22:50.6
(8)	17	Leslie Bode	LSSD LAPPE	0:27:26.0
MASTER MEN 30-39 10KM FREE Distance: 10KM				
(1)	78	BERNIE LACOURCIERE	LSSD LAPPE	0:29:34.2
(2)	111	Michael Hay	LSSD	0:32:17.9
(3)	76	Paul Inkila	LSSD LAPPE	0:33:23.4
(4)	80	JANUSZ GUNKA	LSSD BIG THUNDER	0:34:58.8
(5)	77	Jean-Christophe Vialaret	LSSD	0:35:25.6
(6)	79	Peter Manni	LSSD LAPPE	0:41:40.7
MASTER MEN 40-49 10KM FREE Distance: 10km				
(1)	93	Ron Mahler	LSSD LAPPE	0:33:27.1
(2)	98	Reid Carter	LSSD BIG THUNDER	0:35:26.9
(3)	87	Jim Butler	LSSD BIG THUNDER	0:35:32.5

(4)	99	Peter Watson	LSSD	BIG THUNDER	0:36:20.9
(5)	83	Eraldo Panizza	LSSD	LAPPE	0:36:49.1
(6)	91	Randy Berg	LSSD	LAPPE	0:38:28.8
(7)	92	Grant Lindsey	LSSD	BIG THUNDER	0:38:55.6
(8)	82	JIM CROOKS	LSSD	BIG THUNDER	0:39:09.3
(9)	90	Bob Law	LSSD	BIG THUNDER	0:39:39.6
(10)	85	HENRY PANIZZA	LSSD	LAPPE	0:40:03.8
(11)	81	Brian Trendiak	LSSD	BIG THUNDER	0:40:21.3
(12)	89	Jim Groulx	LSSD	LAPPE	0:40:50.2
(13)	97	Jim Cameron	LSSD	BIG THUNDER	0:41:49.6
(14)	95	Bruce Muirhead	LSSD	LAPPE	0:43:12.4
(15)	94	BRIAN HAKALA	LSSD	LAPPE	0:43:13.6
(16)	101	JOE MCGILL	LSSD	MARATHON	0:43:18.4
(17)	100	LAURIE PUDAS	LSSD	LAPPE	0:43:44.5
(18)	84	TOD DONALDSON	LSSD	LAPPE	0:47:43.5
(19)	88	Iain Mettam	LSSD	BIG THUNDER	0:48:24.0
(20)	86	Damon Dowbak	LSSD	LAPPE	0:48:56.6
(**)	96	MIKE FABIUS	LSSD	BIG THUNDER	-- DNS --

MASTER MEN 50+ 10 KM FREE

Distance: 10 km

(1)	107	Brian Berry	LSSD	LAPPE	0:34:56.0
(2)	104	Esko Pesonen	LSSD	LAPPE	0:35:30.6
(3)	102	MAC DAVIES	LSSD	BIG THUNDER	0:42:34.8
(4)	106	Marc Metsaranta	LSSD	LAPPE	0:42:59.4
(5)	108	Myles Cizmar	LSSD	LAPPE	0:43:52.0
(6)	109	Gord Arges	LSSD	BIG THUNDER	0:45:25.5
(7)	103	Martti Puumala	LSSD	BIG THUNDER	0:47:16.5
(8)	105	Robin Crowley	LSSD	BIG THUNDER	1:05:09.0

JUVENILE BOYS 5KM FREE

Distance: 5km

(1)	2	SEAN CROWLEY	LSSD	BIG THUNDER	0:18:42.0
(2)	4	ARNE STINCHCOMBE	LSSD	LAPPE	0:19:02.1
(3)	5	ROBERT METTAM	LSSD	BIG THUNDER	0:20:16.3
(4)	1	BRODIE MARSHALL	LSSD	LAPPE	0:20:17.4
(5)	6	MICHAH DOWBAK	LSSD	LAPPE	0:21:28.6
(6)	3	JULIEN CAMERON	LSSD	BIG THUNDER	0:21:59.4

JUNIOR GIRLS 5KM FREE

Distance: 5km

(1)	25	Catherine Bode	LSSD	LAPPE	0:22:20.6
(2)	24	Alissa Pera	LSSD	LAPPE	0:22:47.5

JUVENILE GIRLS 5KM FREE

Distance: 5km

(1)	27	SHEILA MEECH	LSSD	MARATHON	0:26:16.3
(2)	29	LAURA SCOCCHIA	LSSD	BIG THUNDER	0:27:40.2
(3)	28	KRISTJANA MARSHALL	LSSD	LAPPE	0:28:40.4
(4)	26	CASEY RUBERTO	LSSD	BIG THUNDER	0:30:57.7

MASTER WOMEN 30-39 5KM FREE

Distance: 5km

(1)	61	Liz Inkila	LSSD	LAPPE	0:21:01.1
(**)	62	Fiona McKenna	LSSD	BIG THUNDER	-- DNS --

MASTER WOMEN 40-49 5KM FREE

Distance: 5km

(1)	67	Nancy Viljakainen	LSSD	BIG THUNDER	0:19:21.7
(2)	65	Lee-Anne Facey-Crowther	LSSD	BIG THUNDER	0:19:53.7
(3)	69	Diane Scocchia	LSSD	BIG THUNDER	0:20:03.7
(4)	64	Patti Hogan	LSSD	BIG THUNDER	0:20:42.7
(5)	68	LORI RUBERTO	LSSD	BIG THUNDER	0:22:04.9
(6)	70	Joan Panizza	LSSD	LAPPE	0:23:15.9
(7)	71	JOCELYNE FRANCIS	LSSD	BIG THUNDER	0:25:55.7
(8)	66	ANNE METTAM	LSSD	BIG THUNDER	0:37:15.8
(9)	63	ADELE CROWLEY	LSSD	BIG THUNDER	0:38:45.4

MASTER WOMEN 50+ 5KM FREE			Distance: 5km		
(1)	73	Susan Fabius	LSSD	BIG THUNDER	0:21:02.1
(2)	75	Maureen Ahokas	LSSD	BIG THUNDER	0:23:02.6
(3)	74	Leila Metsaranta	LSSD	LAPPE	0:23:47.7
(4)	72	CONNIE LATIMER	LSSD	LAPPE	0:24:49.2

OPEN MEN 10 KM FREE			Distance: 10km		
(1)	43	ERIK POTTER			0:30:04.7
(2)	44	STEVE BURSEY		NORTH BAY NORD	0:30:19.3
(3)	38	KARL SAIDLA		NAKKERTOK	0:30:22.5
(4)	37	DAN ROYCROFT			0:30:31.3
(5)	42	WILL FITZGERALD			0:30:35.0
(6)	35	WERNER SCHWAR	LSSD	LAPPE	0:30:40.0
(7)	51	Martin Bojesen	LSSD	BIG THUNDER	0:30:56.5
(8)	45	CHAD YURICH			0:31:37.3
(9)	32	Mark Tierney		BLOW-ME-DOWN	0:31:51.8
(10)	48	TONI ROPONEN		MIKKELIN HIIHTO	0:33:30.2
(11)	39	JEFF MOUSTGAARD	LSSD	LAPPE	0:33:37.3
(12)	34	IAN SINCLAIR	SOD	GEORGIAN BAY NO	0:35:01.3
(13)	36	JEFF MACKAY	LSSD	BIG THUNDER	0:35:07.6
(14)	41	Marc Vien	LSSD	BIG THUNDER	0:35:13.7
(15)	31	Darryl Clews	LSSD	BIG THUNDER	0:35:42.2
(16)	33	J.M. GAMBLE	SOD	GEORGIAN BAY NO	0:37:35.1
(17)	49	Eric Bailey	LSSD	BIG THUNDER	0:39:05.1
(18)	30	EVAN LONDRY	LSSD	BIG THUNDER	0:39:59.8
(19)	46	PHILIP BROWN	NFLD	BIG THUNDER	0:41:55.3
(20)	40	Dave Michael	LSSD	LAPPE	0:44:48.2
(21)	50	JAMIE PUUMALA	LSSD	BIG THUNDER	0:46:13.2
(**)	47	Tim Oliver	LSSD	BIG THUNDER	-- DNS --

JUNIOR MEN 10 KM FREE			Distance: 10km		
(1)	56	Riku Metsaranta	LSSD	LAPPE	0:30:28.5
(2)	54	STEPHEN HART			0:30:46.4
(3)	52	Timo Puiras	LSSD	LAPPE	0:31:00.8
(4)	55	Jeff Cameron	LSSD	BIG THUNDER	0:32:49.0
(5)	57	JOHN COURLIFT			0:33:11.1
(**)	53	SHANE PEARCE	BC	BULKLEY VALLEY	-- DNF --

Lake Superior Ski Division  
CHILDRENS CROSS COUNTRY SKI CHAMPIONSHIPS 2000  
FREE TECHNIQUE

January 22, 2000  
LAPPE NORDIC CENTRE

WIND VEL :15 km/hr      AIR TEMP:-10      WEATHER :OVERCAST  
WIND DIR :North-West      SNOW TEMP: 0 C      SNOW COND:snowing

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RANK	BIB	COMPETITOR NAME	TEAM/CLUB	TOTAL TIME
BOYS 5&UNDER		FREE	Distance: 100 m	
(1)	2	EVAN PALMER-CHARRETTE	LAPPE	0:00:33.4
(3)	1	COLIN CHEUNG	LAPPE	0:02:41.4
GIRLS 5&UNDER		FREE	Distance: 100 m	
(1)	3	HANNA WAINIO	LAPPE	0:00:54.4
(2)	4	LAURA INKILA	LAPPE	0:02:08.8
BOYS 6&7		FREE	Distance: 500 m	
(1)	5	BEN POULIN	LAPPE	0:03:41.0
(2)	6	MICHAEL LANKESTER	KAMVIEW JACKRAB	0:03:46.5
(3)	7	STEVEN SPROTT	MARATHON	0:04:03.3
GIRLS 6&7		FREE	Distance: 500 m	
(1)	10	LINDSAY INKILA	LAPPE	0:02:53.7
(2)	8	SYDNEY EVANS	LAPPE	0:03:40.1
(3)	9	JESSICA RODGERS	LAPPE	0:03:51.5
BOYS 8&9		FREE	Distance: 1.5 km	
(1)	15	TODD INKILA	LAPPE	0:03:58.8
(2)	11	GABE VILJAKAINEN	BIG THUNDER	0:05:06.4
(3)	13	KYLE PALMER-CHARRETTE	LAPPE	0:05:19.4
(4)	16	ERIC WAINIO	LAPPE	0:05:59.6
(5)	14	ISAAC POULIN	LAPPE	0:06:14.7
GIRLS 8&9		FREE	Distance: 1.5 km	
(1)	18	LAUREN LANKESTER	KAMVIEW JACKRAB	0:04:47.7
(2)	19	MEGHAN MROWIEC	LAPPE	0:05:55.6
(3)	21	KAIJA KUOKKANEN	LAPPE	0:06:10.0
(4)	20	KARA JASPERS	KAMVIEW JACKRAB	0:06:26.1
(5)	17	ENCA SPROTT	MARATHON	0:07:01.2
BOYS 10&11		FREE	Distance: 1.5 km	
(1)	23	BRAYDEN JASPERS	KAMVIEW JACKRAB	0:05:12.2
(2)	30	LUKE VILJAKAINEN	BIG THUNDER	0:05:37.7
(3)	28	RUSSELL KURIKKA	BIG THUNDER	0:05:49.8
(4)	24	TRAVIS COMEAU	LAPPE	0:05:55.1
(5)	27	SCOTT SULLIVAN	KAMVIEW JACKRAB	0:05:58.3
GIRLS 10&11		FREE	Distance: 1.5 km	
(1)	37	ANDREA SCOCOHIA	BIG THUNDER	0:06:17.2
(2)	40	CHRISTINA GROULX	LAPPE	0:07:36.9
(3)	39	EMMA LOUD	LAPPE	0:08:07.4
(4)	36	KATHERINE HALL	LAPPE	0:08:50.1
(5)	41	JENNIFER RODGERS	LAPPE	0:09:23.4
BOYS 12&13		FREE	Distance: 2.3 km	

(1)	42	CHRISTOPHER BUTCHER	BIG THUNDER	0:08:36.9
(2)	44	SHANE MOLEY	LAPPE	0:10:09.6
(3)	43	MARK AHO	LAPPE	0:10:58.1
(4)	51	JEFFERY AHO	LAPPE	0:12:16.9

GIRLS 12&13 FREE

Distance: 2.3 km

(1)	49	BERIT DOOL	BIG THUNDER	0:11:49.2
(2)	45	RIANNE RANTA	LAPPE	0:11:50.0
(3)	47	KATE LOUD	LAPPE	0:13:43.3
(4)	46	MONICA RANTA	LAPPE	0:13:51.3
(5)	48	ROLAIN MCGILL	MARATHON	0:15:22.7