

Lappe Nordic Freestyle Time Trial

Nov 29/03 Temperature -4C

Men 10.8 10.8 km. Freestyle					MC m	HD m	TC m	
PL	Bib	Name	Lap1	Rnk	Lap2	Rnk	Time	Diff
1	7	William Fitzgerald	0:15:59.2	(2)	0:16:10.4	(1)	0:32:09.6	+0.0
2	8	Werner Schwar	0:15:59.3	(3)	0:16:16.8	(2)	0:32:16.1	+6.5
3	1	Riku Metsaranta	0:15:56.4	(1)	0:16:21.8	(3)	0:32:18.2	+8.6
4	3	Luke Viljakainen	0:17:04.5	(4)	0:17:43.2	(4)	0:34:47.7	+2:38.1
5	2	Greg Field	0:17:21.3	(5)	0:17:56.7	(5)	0:35:18.0	+3:08.4
6	4	Paul Inkila	0:17:42.9	(7)	0:18:18.4	(6)	0:36:01.3	+3:51.7
7	5	Travis Comeau	0:17:42.5	(6)	0:18:44.2	(7)	0:36:26.7	+4:17.1
8	6	Sam Niemi	0:22:25.7	(8)	0:23:51.4	(8)	0:46:17.1	+14:07.5

Men 5.4 km. Freestyle					MC m	HD m	TC m	
PL	Bib	Name			Time			Diff
1	17	Matthew Schoales			0:18:06.9			+0.0
2	12	Michael Somppi			0:18:21.5			+14.6
3	14	Scott Sullivan			0:18:32.5			+25.6
4	19	Christopher Hamilton			0:19:04.6			+57.7
5	13	Tony Hegg			0:20:15.5			+2:08.6
6	20	Todd Inkila			0:20:24.0			+2:17.1
7	10	Jeremy Hecker			0:21:13.2			+3:06.3
8	15	Gabe Viljakainen			0:22:32.4			+4:25.5
9	16	Chris Hegg			0:23:56.8			+5:49.9
10	18	James Gunka			0:24:14.9			+6:08.0
11	11	Matt Pavlik			0:25:53.5			+7:46.6

Women 5.4 km. Freestyle					MC m	HD m	TC m	
PL	Bib	Name			Time			Diff
1	22	Berit Dool			0:19:01.1			+0.0
2	27	Tara Redpath			0:19:18.8			+17.7
3	25	Kelsey Dool			0:19:19.6			+18.5
4	21	Christina Groulx			0:19:42.6			+41.5
5	9	Estelle Palluel			0:23:07.0			+4:05.9
6	24	Kelly Henry			0:23:28.3			+4:27.2
7	29	Katherine Hall			0:23:54.4			+4:53.3
8	26	Seija Grant			0:24:10.3			+5:09.2
9	28	Lauren Stoot			0:24:25.0			+5:23.9
10	23	Lindsay Inkila			0:24:36.1			+5:35.0

Results By:



Advanced Race Management System: www.zone4.ca